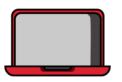


#### How do you eat the whole Hog? In little Bytes...Here are some things you need to know.

If there is inclement weather and the University is closed or delayed <u>look for WxAlerts from the University</u> and please visit the links to check the status of the events listed here.



#### MLK Day Vigil is Virtual Today!

Join ASG today at Noon for the <u>Martin Luther King</u>, Jr. Day Vigil featuring a moderated Q&A with Latosha Brown, co-founder of Black Voters Matter. The event has been moved to Zoom due to the inclement weather and you can register to join in virtually at the following link:

<u>https://uark.zoom.us/webinar/register/WN\_ESqPpg-HRiqT0pRkmLXJyg</u> This event is co-sponsored by the Distinguished Lecture Committee and the Black Students Association.



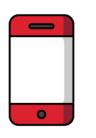
## **Apply Now for Student Affairs Scholarships!**

Student Affairs scholarship applications are now open, and we have money for you! You do not need a high GPA to qualify. We encourage all U of A students to check out the scholarships we have available, and most of these applications close on Feb. 15. <u>Apply Now!</u>



## **Restock The Pantry or Apply to Volunteer**

<u>Help restock the Jane B. Gearhart Full Circle Food Pantry's shelves!</u> The Pantry is hosting a Back-to-School Food Drive in partnership with Engage Arkansas! Drop off your donations at the Center for Community Engagement in Arkansas Union 241 now through Jan. 31 or directly to the pantry during pantry open hours. The pantry is accepting volunteer applications for the spring semester. <u>Apply on HogSync now. Applications close on Wed., Jan. 17.</u>



# Start Well, Stay Well with Welltrack Boost

<u>Help celebrate the post-launch of the University's new mental health app</u> called Welltrack Boost! You will learn about all features of the app and how to best navigate it for daily use. Visit with staff from various departments on campus and see how they implement the app into their area. Come grab some cozy treats, enjoy the various activities and resources, and win fun prizes on Wed, Jan. 24, 10 a.m. to 2 p.m. in the Arkansas Union International Connections Lounge.

#### **Mini-Bytes**

Start your spring semester off with a <u>pop of positivity from UARK Wellness!</u> Stop by the information tables outside the Union Food court on Wed. Jan. 17 from 10 a.m. to 1 p.m. to learn about the benefits of positive and compassionate self-talk and get a free bag of popcorn.

Multicultural Center invites everyone for a Game Night in the Anne Kittrell Art Gallery on the 4th floor of the Arkansas Union - join us for a night of fun, food, and community on Thu., Jan. 18 at 6 p.m.

Join UREC instructors at the Tsa La Gi Bike Park on campus for clinics designed to help riders of any level progress on their technique. If you don't have your own bike and helmet, we can supply one! <u>Make your reservation now for one</u> <u>of the next two clinics on Wed, Jan. 17 and Jan. 24</u>, from 3 to 6 p.m. at the Tsa La Gi Bike Park.