

How do you eat the whole Hog? In little Bytes...Here are some things you need to know.



Sweet Chariot Events!

Join us for Day 1 of Housing's Annual Black History Month event, Sweet Chariot! Several local stylists and barbers will be sharing the significance of hair in Black culture. Stop by to chat with the stylists, grab some hair care samples, and learn more about Black hair on Mon., Feb. 17 from 6 to 8 p.m. in the Anne Kitrell Art Gallery - fourth floor of the Arkansas Union. For more Sweet Chariot events this week check out the Arkansas News story.

Spring Break Adventures with UREC!



Looking for an adventure this Spring Break? Join UREC Outdoors from March 22 through 29 for an unforgettable trip—paddle along the Buffalo River or rock climb in Red River Gorge, KY! Registration closes March 6, and costs \$425 for students. Sign into the <u>UREC member portal</u> for more information and to secure your spot!



Black History Month with The MC and Food on The Hill!

The Multicultural Center and Food on the Hill are collaborating to bring the <u>Black History Month celebration to Fulbright Dining Hall with a special menu</u> in honor of the month. Celebrate with us through delicious food, lively music, and rich history on Wed., Feb. 19 from 4:30 to 8 p.m. in Fulbright Dining Hall.



Spades Tournament

<u>Come to The MC for a fun and relaxing evening Spades Tournament!</u> Whether you're looking to meet new people, take a break from classes, or just enjoy some friendly competition, this is the perfect space to build community. Join us on Tue., Feb. 18 from 6 to 8 p.m. in the Multicultural Cetner on the fourth floor of the Arkansas Union.

<u>Valentine's may be past, but loving yourself has no expiration date.</u> Join UARK Wellness for a little you-time. Enjoy a charcuterie board with tea, write a love letter to yourself, and learn how to cultivate self-compassion on Wed., Feb. 19 from 10 a.m. to 2 p.m. in the Wellness Lounge room 2132 in the Pat Walker Health Center.

Trail Cleanup with Volunteer Action Center! Come <u>help clean up the VAC's section of the on-campus trail</u> located behind Walton Hall. We will meet at the VAC office in Arkansas Union room 241 on Wed., Feb. 19 at 2 p.m.

<u>Come learn how to get funding for your Registered Student Organization</u> from The Office of Financial Affairs. Learn how the OFA process works and how to submit a good budget on Tue., Feb. 18 from 5 to 6 p.m. in Arkansas Union Room 504.

<u>Check out "Tall Timber: The Future of Cities in Wood," a multimedia exhibition</u> highlighting the use of mass timber in the design and construction of multi-story buildings. This is part of the public exhibition series in the Fay Jones School of Architecture and Design and is open from 8 a.m. to 5 p.m. Mondays through Fridays through March 24.

<u>Intramural Sports</u> Basketball Champ Night is at Bud Walton Arena on Thur., Feb. 20! Fraternity League starts at 6:15 p.m., Women's League starts at 7:30 p.m. and Men's League starts at 8:30 p.m. We encourage you to attend, and bring your student ID to swipe in.