



HOG Bytes

Quick Bits of Information

How do you eat the whole Hog? In little Bytes...Here are some things you need to know.



Distinguished Lecture with Asa Hutchinson

The Distinguished Lectures Committee in partnership with the U of A Democracy Fellows Registered Student Organization is excited to present [our next lecturer, former Arkansas Governor Asa Hutchinson!](#) This lecture will be a nonpartisan discussion on Tue., Feb. 25, in the Faulkner Performing Arts Center. Doors open at 6:30 p.m. Lecture is from 7 to 8:30 p.m. [Reserve your free tickets through HogSync.](#)



Healing Conversations: A Live Q&A Panel for Eating Disorder Awareness Week!

[Join CAPS for Healing Conversations: A Live Q&A Panel during Eating Disorder Awareness Week!](#) The Eating Disorder Treatment Team at Pat Walker Health Center will answer your questions. Topics may include how to identify and support someone struggling with disordered eating and body image concerns, treatment team structures, and more on Wed., Feb. 26 from 3:30 to 4:30 p.m. in Pat Walker Health Center room 1116. [Read more about Eating Disorder Awareness Week activities in Arkansas News.](#)



February RSO Involvement Fair: Get to Know Your RSOs

The Student Organization for Outreach and Involvement Experience (SOOIE) is hosting the [February RSO Involvement Fair "Get to Know Your RSOs"](#) on Tue., Feb. 25 from Noon to 2 p.m. in the Arkansas Union International Connections Lounge. This fair will be a great opportunity for you to meet new individuals and get involved in organizations on campus. Snacks, drinks, and SOOIE merch will be provided!



Arkansas Union Sustainability Insight Forum

The February Insight Forum: Trash Talk will feature a presentation by Taylor Osburn, sustainability coordinator for the Boston Mountain Solid Waste District on Tue., Feb. 25 from 2 to 3 p.m. in Arkansas Union room 507.

[Register for this event on Hogsync.](#)

Mini-Bytes

Join UP for a [modeling workshop led by an industry professional at INTERFORM ART](#), where you will gain professional knowledge and one-on-one instruction in walking and posing for runway work on Mon., Feb. 24 from 6 to 8 p.m.

[Check Hogsync for more information.](#)

Take your fitness to the next level with Personal Training at University Recreation & Wellness! Our certified trainers offer one-hour private sessions tailored to your goals, providing expert guidance and motivation every step of the way. [Check out our pricing packages and register today!](#)

[Curate and create! Enjoy some snacks while decorating mini vinyl records to take home!](#) Personalize a piece of decor and learn about University Programs on Wed., Feb. 26 starting at 11 a.m. in the Arkansas Union International Connections Lounge.

[Join The Volunteer Action Center for Trivia Night](#) and snack making on Tue., Feb. 25 from 5:30 to 6:30 p.m. in the VAC office Arkansas Union room 241.

Do you want to help reduce food waste in our community? [Join Razorback Food Recovery this semester.](#) RFR works to recover excess food, which would otherwise go to a landfill, from on-campus dining outlets and local partners.

[Ballroom Dancing Beginners Night welcomes all](#) who want to learn lead, follow, or both roles in Ballroom dancing on Wed., Feb 26 from 6 to 7 p.m. in the ROTC Building at 775 W. Maple St.

Sat. March 1 is the application deadline for students graduating at the end of Spring Semester. [Check the Academic Calendar for more important dates.](#)
