

How do you eat the whole Hog? In little Bytes...Here are some things you need to know.



#### **GY10 Week with the Volunteer Action Center**

Get Your 10 Week - the biggest week of service at the University of Arkansas starts today! The VAC has a wide variety of events, from focusing on sustainability, food insecurity, education, literacy, and resource insecurity during this exciting week of service. Check out the full calendar of events and sign up on GivePulse.



## Safe Spring Break!

Spring Break is almost here, and we want to help you get the absolute most out of your Break! UARK Wellness along with campus and community organizations will be taking over the Union Mall to provide free food, giveaways, and information regarding how to stay safe when traveling (or staying home!) for Spring Break on Tue., March 11 from 11 a.m. to 2 p.m. at the Arkansas Union Mall.



## **Grand Re-Opening of Arkansas Union A6 Floor!**

Join us for the Grand Re-Opening of the Arkansas Union A6 Floor on Wed., March 12 from 1 to 3 p.m. Come explore the new space and the Departments and Student Groups that are housed there. There will be sweet treats, giveaways, music, and more! The event will be come and go, with a brief ribbon cutting ceremony.



#### **Cardinal Nights at Lokomotion!**

Come to Cardinal Nights on Thur., March 13 from 7 to 10 p.m. for an unforgettable evening of free food, arcade games, laser tag, bumper cars, and more at Lokomotion! Transportation will be provided, with buses picking up students at the Hotz Hall bus loop to make getting there easy. This event is exclusively for students - no children will be allowed in the event.

# Distinguished Lecture with Olympians Hunter and Tara Woodhall



Join us on the evening of March 19 for an <u>inspiring lecture featuring Hunter</u> and Tara Woodhall, two accomplished Olympians, as they share their experiences and insights on mental health in athletics and beyond. You will need a ticket for this event. <u>Reserve your free tickets on Hogsync</u> starting at Noon TODAY, Mon., March 10.

### **Mini-Bytes**

Join UREC Outdoors for a weekend climbing trip in the Ozarks on April 12. The trip costs \$60 which includes transportation to and from the climbing crag. Attending the pre-trip meeting on March 27th is required. Registration is open in the UREC Member Portal now and closes on March 27 that 6 p.m.

<u>Come participate in three different activities promoting positivity. Sprinkles of Positivity</u> will have a positivity wall, bookmark making, and card making and snacks on Mon., March 10 starting at 11 a.m. in the Arkansas Union International Connections Lounge.

<u>Enjoy a night of ballroom dancing and free food</u> with University Programs in partnership with the UARK Ballroom Dance Club Sport on Tue., March 11 from 6 to 8 p.m. in the Arkansas Union Verizon Ballroom.

<u>Hike-AR welcomes all students who love hiking, the outdoors,</u> and are looking to connect with others who share the same passion. Share your thoughts on what you're looking for in a hiking club and learn about some of the best hikes in the area on Wed., March 12 from 6 to 7 p.m. in CORD room 0127.

<u>Join Passionate About Literacy and Student Engagement</u> on March 11 at 6 p.m. in Gearhart Auditorium for the second annual Spelling Bee. Attendees can participate or spectate and have a chance to win prizes! Or you can donate unused books as well, with every 2 books donated equating to 1 service hour.