



HOG Bytes

Quick Bits of Information

How do you eat the whole Hog? In little Bytes...Here are some things you need to know.



International Education Week

This week, Nov. 18-22, is [International Education Week](#), a global celebration of the wonderful benefits of International Exchange, and U of A has a bunch of events for you to take part in, from the opening celebration and international bazaar today to the day of play on Friday. [Check out the IEW calendar of events for more information.](#)



ThankFUL Friendsgiving!

[Join Food on the Hill for a “Friendsgiving” themed meal](#) with campus partners, prizes, music and ways to share your gratitude this season! Get a sweet taste of home and join our Wellness Team for a fun fall treat pop-up on Tue., Nov. 19 from 11 a.m. to 2 p.m. in Fulbright Dining Hall.



Love Across Cultures

[Come discuss cultural similarities, differences, and ways to navigate relationships!](#) Join Wellness, Central American Student Association, Diversity and Inclusion Student Council, the Multicultural Center, Arab Student Association, and SHOO for free food, group games and more on Nov. 20 at 6 p.m. in Pat Walker Health Center room 1116-1118.



Soulful Healing!

[The Association of Black Counseling Students invites you to Soulful Healing,](#) an evening of great discussion, food, and fellowship on Thur., Nov. 21 from 6 to 8 p.m. in the Unity House multipurpose room. The event will include dinner from Food Therapy NWA and guest speaker, Tierra Evans, who will discuss setting relational boundaries and resolving conflicts with family members, particularly during the holidays. This night promises to nourish both body and spirit! Food will be provided.

Mini-Bytes

If you are a [student graduating this fall](#), PLEASE complete the First Destination Survey to share your post-graduation plans. [You can access the survey on Handshake.](#)

[Narcan training will cover administering Narcan and Naloxone](#) in a fentanyl opioid overdose scenario on Mon., Nov. 18 from 5:30 to 6:30 p.m. in Pat Walker Health Center in 1116-1118.

The Arkansas Union Sustainability Team invites you to ARKU 310 for the next Insight Forum on Nov. 19 from 2 to 3 p.m. Learn about how to reduce food waste and mitigate food insecurity here on campus! The VAC's Razorback Food Recovery will be presenting about how they work with grocery stores and campus partners to recover edible food and deliver it to students and community members. Free food will be provided. [Sign up for this event on Hogsync.](#)

[Join The Multicultural Center for our MC Skill-Up Series.](#) The event on Thu., Nov. 21 from 5 to 6 p.m. is all about Networking - learn ways to grow and use your networks most effectively.

[Join SOOIE for our Final Exam Resource Tabling and make a custom kit](#) filled with free study aids, finals essentials, and fidget toys on Fri. Nov. 22 from 1 to 2:30 p.m. in the Arkansas Union Food Court!

Embrace the season with a fun and relaxing crafting session where you'll make your own reusable handwarmers. [University Programs will provide everything you need to make Harvest Handwarmers.](#) Come to the International Connections Lounge in the Arkansas Union Thu., Nov. 21 from 2 to 5 p.m. (or until supplies last) and enjoy a cozy, creative break (with seasonal treats) and leave with something handmade!

Join Bridge at the U of A and Sigma Tau Delta, the International English Honor Society, [for a non-partisan discussion on laws surrounding book banning. All viewpoints are welcome!](#) This event is Thur., Nov. 21 from 5:15 to 6:15 p.m. in GRAD 0113.

[Thanksgiving Break starts Wed. Nov. 27.](#) Enjoy your time off! The last day of classes is Dec. 5. Final Exams start on Dec. 9. Look for the next HogBytes on Mon. Dec. 2.
