



HOG Bytes

Quick Bits of Information

How do you eat the whole Hog? In little Bytes...Here are some things you need to know.



Dr. Bernice King Lecture

Dr. Bernice A. King, global thought leader, strategist, solutionist, orator, peace advocate, CEO, and daughter of Dr. Martin Luther King will deliver a moderated Q and A session as part of the Distinguished Lectures Committee's series on Wed., Feb. 28, from 7 to 8:30 p.m. at the Fayetteville Town Center. Reserve your tickets on [HogSync](#). You must have a ticket to attend in person. A livestream of the event will be available on the [U of A Productions YouTube channel](#).



Eating Disorder Awareness Week Activities

UARK Wellness, CAPS, and the Pat Walker Health Center are collaborating and hosting three different events for [Eating Disorder Awareness Week](#) this week:

Mon., Feb. 26 [Self-Love Tea Party](#); Wed., Feb. 28 [Let's Talk: Body Image in College](#); Fri., March 1 [Eating Disorder Awareness Week Outreach Event](#)



How Are You Doing? Take the Well-being Survey!

[Let us know how you're doing!](#) The Division of Student Affairs' Well-being Task Force wants to hear from you. Tell us about your current state of well-being in the [Well-being Survey](#). This brief survey will help us understand your overall health & wellbeing on campus, so the University of Arkansas can make data-informed recommendations on how we can improve things. Your feedback is truly valuable! [The survey closes at 11:59 p.m. Friday, March 1.](#)



Join Others and Cruise to Campus

Want to ride to campus, but would you feel more comfortable with a group? Are you already an avid commuter and want to lead a ride to campus? Join the new Cruise to Campus program from the Office for Sustainability! Ride Ambassadors lead morning rides to Old Main Lawn, where OFS is waiting with community partners and a complimentary Onyx breakfast. [Find information for our March 6th rides on the OFS Bike Events website.](#)



Minigrants Available for Students: Apply Now!

The University of Arkansas System is accepting applications for the next round of minigrants up to \$1,000 to help students in need meet expenses. The grants are open to both undergraduate and graduate students. [Fill out the application on the UA System website now to April 12.](#) If you have questions about the grant process, send an email to Sylvia White swhite@uasys.edu.

Mini-Bytes

Registration for Session 2 of [Small Group Training is open today!](#) Group training is March 11 to April 26 in UREC Training Studio on the First Floor of the HPER. There is a fee associated with this training.

In anticipation of the University Programs 24hr Film Festival come to a panel featuring Film Honors Society and Film Appreciation Forum and learn about filmmaking in NWA. Catch this educational [panel of filmmakers on Tue, March 5, from 5 to 7 p.m. in Giffels Auditorium.](#)

The University of Arkansas School of Art and Offices of Career Connections are partnering to bring employers in the arts to campus! The Careers in the Arts Fair is Thu., Mar. 7, from 1 to 3 p.m. at the Studio & Design Center at MLK Blvd and Hill Street. [Find out more information on HogSync.](#)
